

Planning Great Futures

ATTENTION FAMILIES AND SUPPORT COORDINATORS

STA Short Term Accommodation – Host family in the Outer East

We offer host family respite to one or two participants at a time in our home and have been a foster and host family for over twenty years.

We can support self and plan managed adults who have an intellectual disability, ASD, psychosocial disabilities or early dementia.

Our home cannot accommodate those with mobility issues as we have several steps. The property is accessible to individuals with mobility aids. We are not a registered NDIS service so cannot support clients with complex/high support needs or behaviours of concern.

Our home offers a safe and welcoming environment, with pets, lots of activities and fun with a focus on building social and living skills. We seek to build long term relationships with the participant and their family.

Our property has six bedrooms, ten acres of gardens and paddocks and a swimming pool. There are many pets, a pony and farm animals. . We have a home theatre for movie nights, an art and craft room, a fire pit and wood fired pizza oven for winter nights.

As we are a family home we are generally open from Monday to Saturday but do run regular weekend stays for participants who have weekday commitments. School holidays tend to get booked out quickly

We do provide some 1:1 support to young people on a daily basis.

We support a wide range of ages and needs but we do have a number of clients in the following groups

1. We like to support older family carers who wish to access regular respite care in a family environment that will understand their child's needs and be available in an emergency.
2. To assist young people who want to develop social and living skills and enjoy time away from home in a safe and happy family environment.
3. There is a need for STA for men who have early dementia, post stroke or neurological conditions and are not suited to a nursing home environment. We can offer an active program and activities of interest to date have been bushwalking, gardening, cooking and carpentry both at the farm and the local men's shed. Dinner at the local pub and live music venues are also popular. In some situations we can provide 1:1 support.

Our charges are generally based on a 1:2 STA rate as per the NDIS price guide. STA includes all accommodation and food costs, outings and activities. Participants only need to bring spending money for any incidental shopping. We are happy for participants to be supported during the day by their own support workers. We reduce the STA costs accordingly and the support worker is welcome to stay within the house and farm and join us for meals.

We like to invite potential guests to initially come to visit with their family and/or support workers. Then we invite the participant to stay for an initial overnight stay. If all goes well we then plan for regular bookings. Our paperwork is quite simple, a client information form, service agreement, a copy of NDIS goals and any relevant reports. We are keen to work with the participants therapists and behaviour support practitioner and follow through on strategies and programs. In several situations we have been able to instigate programs that have then been continued on at home.

We are pleased to have Deb Mole an experienced mental health nurse to support any participants who have any mental health needs that need to be addressed during their stay. This cost is covered by Brookfield. Each individual participant has unique needs and we take time to learn about the person and help their carers feel they are cared for and supported during their stay.

As we only support one or two participants each week we are able to maintain excellent communication with family members, Support Coordinators, therapists and day services. We can assist with transport if needed and offer emergency respite care to all our regular participants and families. Do not hesitate to contact us to see if we can meet your STA needs